

# FEB HS Lunch Cycle Menu 2023-2024

Cleveland Metropolitan School District

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1				<b>1</b> -Chicken Finger -Dinner roll -Sweet potato fries -Fresh Cauliflower -Diced Pear -Choice of Fresh Fruit -Milk - ALT ENTRÉE: Popcorn Chicken Salad	<b>2</b> - Stuffed Crust Pizza (Choice of Turkey Pep or Cheese) -Grape Tomatoes -Tossed Salad -Diced Pineapples -Choice of Fresh Fruit -Milk - ALT ENTRÉE: Popcorn Chicken Salad	<b>Fresh Fruit Offerings:</b> <ul style="list-style-type: none"> <li>• Apples</li> <li>• Bananas</li> <li>• Clementines</li> <li>• Pears</li> <li>• Other Seasonal Fruits</li> </ul>
Week 2	<b>5</b> -Popcorn Chicken -Garlic Breadstick -Steamed Corn -Baby Carrots -Mixed Fruit -Choice of Fresh Fruit -Milk -ALT ENTRÉE: Chef Salad	<b>6</b> -Soft Shell Turkey Taco -Spanish Rice -Seasoned Black Beans -Salsa -Broccoli Florets -Applesauce -Choice of Fresh Fruit -Milk -ALT ENTRÉE: Chef Salad	<b>7</b> -Chicken Patty Sandwich -Tater Tots -Fresh Cauliflower -Sliced Peaches -Choice of Fresh Fruit -Milk -ALT ENTRÉE: Chef Salad	<b>8</b> -Turkey Kielbasa "po-boy" Sub -Sweet Potato Fries -Cole Slaw -Fresh Grape Tomato -Diced Pear -Choice of Fresh Fruit -Milk -ALT ENREE: Chef Salad	<b>9</b> -Bosco Sticks -Marinara Sauce -Fresh Baby Carrots -Tossed Salad -Diced Pineapple -Choice of Fresh Fruit -Milk -ALT ENTRÉE: Chef Salad	<b>HS ALT. ENTREE OFFERINGS:</b> <ul style="list-style-type: none"> <li>• Entrée Salad</li> <li>• Cheeseburger</li> <li>• Chicken Patty</li> <li>• Spicy Chicken Patty</li> <li>• Pizza</li> <li>• PB&amp;J, Cheese Stick, and Goldfish cheddar crackers</li> </ul>
Week 3	<b>12</b> -Corn Dog -Sweet potato Fries -Baked Beans -Fresh Cauliflower -Mixed Fruit -Choice of Fresh Fruit -Milk - ALT ENTRÉE: Popcorn Chicken Salad	<b>13</b> -Chicken Drumstick -Garlic Bread Stick -Mashed Potato & gravy -Fresh Baby Carrots -Diced Pear -Choice of Fresh Fruit -Milk - ALT ENTRÉE: Popcorn Chicken Salad	<b>14</b> -Loaded Nachos - Seasoned Black Beans -Salsa -Steamed Corn -Fresh Celery -Sliced Peaches -Choice of Fresh Fruit -Milk -Holiday Heart Cookie - ALT ENTRÉE: Popcorn Chicken Salad	<b>15</b> -Orange Chicken -Fried Rice -Fresh Broccoli Florets -Fresh Baby Carrots -Diced Pear -Choice of Fresh Fruit -Milk - ALT ENTRÉE: Popcorn Chicken Salad	<b>16</b> -Stuffed Crust Pizza (Choice of Turkey Pep or Cheese) - Fresh Grape Tomatoes -Tossed Salad -Diced Pineapple -Choice of Fresh Fruit -Milk - ALT ENTRÉE: Popcorn Chicken Salad	<b>Milk Choices:</b> <ul style="list-style-type: none"> <li>• 1% White</li> <li>• Fat-Free Chocolate</li> </ul>
Week 4	<b>19</b> <b>Presidents Day!</b>  <b>All Facilities Closed</b>	<b>20</b> -General Tso's Chicken -Fried Rice -Fresh Broccoli Florets -Fresh Baby Carrots -Applesauce -Choice of Fresh Fruit -Milk - ALT ENTRÉE: Chef Salad	<b>21</b> -Penne and Meatballs -Fresh Grape Tomatoes -Tossed Salad -Diced Pineapple -Choice of Fresh Fruit -Milk - ALT ENTRÉE: Chef Salad	<b>22</b> -Chicken Mashed Potato & Corn Bowl with gravy -Fresh Celery -Dinner Roll -Applesauce -Choice of Fresh Fruit -Milk - ALT ENTRÉE: Chef Salad	<b>23</b> -Mozzarella sticks -Marinara Sauce -Fresh Cauliflower -Sliced Peaches -Choice of Fresh Fruit -Milk -ALT ENTRÉE: Chef Salad	
Week 1	<b>26</b> -Cheeseburger - French Fries -Fresh Baby Carrots -Mixed Fruit -Choice of Fresh Fruit -Milk - ALT ENTRÉE: Popcorn Chicken Salad	<b>27</b> -French Toast Sticks -Hashbrown -Fresh Broccoli Florets -Sausage patty -Applesauce -Choice of Fresh Fruit -Milk - ALT ENTRÉE: Popcorn Chicken Salad	<b>28</b> -Loaded Nachos - Seasoned Black Beans -Salsa -Steamed Corn -Fresh Celery -Sliced Peaches -Choice of Fresh Fruit -Milk - ALT ENTRÉE: Popcorn Chicken Salad		<b>Lunch: Main Entrée, 2-1/2 cup vegetable, ½ cup fruit, and 8 oz milk will be offered daily</b>	This institution is an equal opportunity provider.  <b>**Menus are subject to change due to the availability of product</b>